



Resources for Georgia Families

During the Perinatal Period



OUR MISSION

To improve maternal and infant health in Georgia through advocacy, education, and access to vital resources.



OUR VISION

A Georgia where every mother, birth giver, and baby has the resources and support to be healthy and thrive throughout the perinatal period.



What You Can Expect From Us Today:

Perinatal Programs

Children 1st

Help Me Grow GA

Healthy Mothers, Healthy
Babies Coalition of
Georgia(HMHBGA) offers
information that mothers, birth
givers, and their families need
to know throughout their prepregnancy, pregnancy,
postpartum, and in-between
birthing period.

All programs, projects, and services are **FREE**.

In collaboration with the Georgia Department of Public Health, HMHBGA operates the Children 1st Information and Referral Line, a centralized intake line for the parents of high-risk infants identified via Electronic Birth Certificates.

Between July 1, 2021 - June 30, 2022, HMHBGA linked 6,331 families to the Children 1st program. In collaboration with the Georgia Department of Public Health, HMHBGA operates Help Me Grow GA (1-888-457-4769), a free, confidential, access point for referrals & follow-up services to support the well-being of children from birth to young adult, & their families.

Between July 1, 2021 - June 30, 2022, HMG GA served 4,149 parents, caregivers, professionals, & community members seeking help.



Pregnancy Resources



Prenatal & Maternal Mental Health (MMH) Classes





Prenatal Education classes are focused on stages of pregnancy, oral health, WIC, Medicaid, insurance, staying healthy, and more. The classes also help frame what to expect during prenatal visits, helps parents think about birthing options, and lightly introduces topics like MMH, breastfeeding, and postpartum care.

Maternal Mental Health classes are focused on awareness and taking care of mental health from pregnancy to postpartum. They discuss:

- Substance Abuse
- Peer Support
- Perinatal Depression & Anxiety
- •Treatment Options
- •Community Resources



All classes & groups are available online through picklesandicecreamga.org.

Perinatal Care Packages



HMHBGA gives away FREE perinatal care packages to pregnant and postpartum birth givers who live in Georgia through Pickles & Ice Cream as an early intervention to maternal morbidity.

We partner with GA-based agencies and moms across the state to develop care packages for moms & birth givers. The current care packages include a blood pressure monitoring system, breastfeeding book, journal, thermometer, thermometer probe covers, breastfeeding storage bags, compression socks, candles, and motivational card packs.

Request orders are accepted monthly to be delivered the next month.



The order form is available online through picklesandicecreamga.org.



Postpartum Resources



Postpartum, Baby Care, & Feeding Classes



Postpartum classes are focused on postpartum health, recovery, the postpartum visit, uterine changes, maternal mental health, warning signs, Medicaid, insurance, staying healthy, and more!





Baby Care classes are focused on infant care, diapering tips, diaper options, stool health, bathing, baby health, car seat safety, soothing techniques, Shaken Baby Syndrome, and more!

Breastfeeding & Infant Feeding classes are focused on guidelines for breastfeeding, hunger cues, latching, engorgement, bottle-feeding tips, burping, WIC, Medicaid, insurance, staying healthy, and more!



Peer Support



For Moms by Moms



Our groups are here to provide all mothers and birth givers the support they need to help with mental health during and after pregnancy.

We believe the best kind of peer facilitator is someone who understands the transitions, joys, difficulties, and daily life as a mother. Who would be a better fit than another MOM!

All groups are led by volunteer moms who are trained in how to provide a safe space and facilitate a successful peer support group. Currently, our Peer Support Groups are online only, with phone dial-in options. To accommodate the busy schedule of a mom, group dates and times vary with weekly & biweekly sessions. Choose one that best fits your schedule and personal preference!

The Information & Referral Center (IRC)



In collaboration with the Georgia Department of Public Health, the Information and Referral Center contacts parents of high-risk infants identified via Electronic Birth Certificates and connects them to Children 1st and public health resources.

Contract Partner: Georgia Department of Public Health



Children 1st Mission

The mission of Children 1st is to identify children, **Birth to Five** years of age who are at risk for poor health
and developmental outcomes, so that needed interventions
can be made to ensure the optimal health and development
of the child. Children 1st is the **Single Point of Entry** for all
child health programs within Maternal and Child Health at
Georgia Department of Public Health.

Children 1st Eligibility



Children 1st is open to children birth to 5 years of age who have:

- Suspected developmental delays
- Extreme social or environmental needs
- Confirmed medical conditions
- Residency in Georgia

Children 1st Core Functions



- Identification of all births in Georgia
- Screening of all at risk children up to age five
- **Assessments** of all children and families at risk
- Referrals/Linkage of children families with risk conditions to appropriate services
- Monitoring of individual children with risk conditions

Children 1st: Identification



Ways children are identified:

Electronic Birth Certificate Screening

Children 1st Screening & Referral Form – Referrals are submitted by:

- Regional Perinatal Centers (Albany, Atlanta, Augusta, Columbus, Macon, Savannah)
- Birthing Hospitals
- Newborn Screening (Metabolic & Hearing)
- Physicians
- Parents/Family Members
- Public Health Programs
- Daycares/Head Start Centers/Preschools/Child Care Centers
- Division of Family and Children Services (DFCS)

Anyone can refer children to Children 1st if there are concerns about the child's growth or development by completing the **Children 1st Screening & Referral Form**

Referrals for Children 1st through the Information & Referral Center (IRC)



Children 1st Referrals by Electronic Birth Certificate:

- Downloaded daily from Vital Records
- Parents are contacted and educated on developmental milestones and the Children 1st program
- Local Children 1st coordinators review the referral & contact families of children at risk of poor growth and developmental outcomes

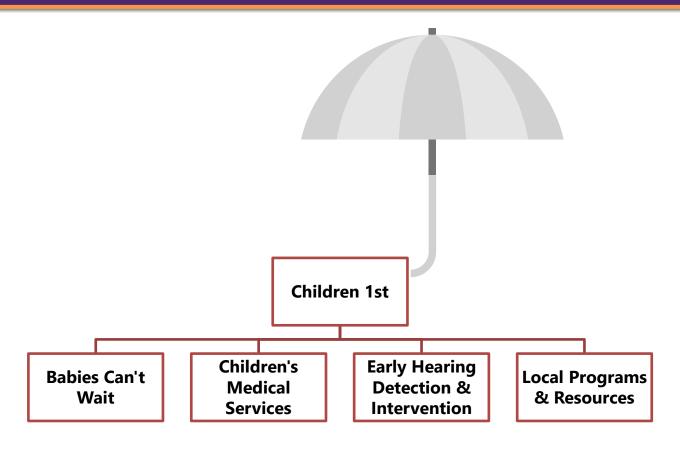
Children 1st Referrals by Phone:

- Parents and caregivers call in requesting information
- IRC provides a brief initial screening to determine appropriateness of the referral
- Local Children 1st coordinators review the referral & contact families of children at risk of poor growth and developmental outcomes

Between July 1, 2021 - June 30, 2022, HMHBGA linked 6,331 families to the Children 1st program.

Children 1st The Single Point of Entry





All Referrals made to the Georgia Department of Public Health's child health programs must be submitted through Children 1st. The Children 1st Screening and Referral form is located at:

https://dph.georgia.gov/children1st

How Do I Make a Referral?

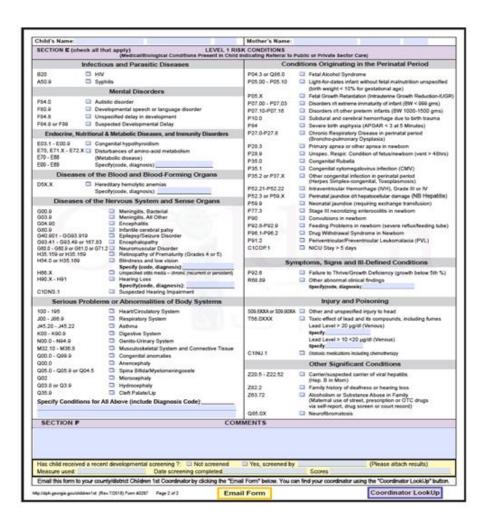


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Cate of Birth:	Birth weight	Age	Date of Birth:				
Sex: Male Female Unk		Education: (last grade completed)	Lose or oren.				
Select race: (Mark all that apply)			SEP DD DW				
		Live in Partner: Yes No					
			3rd None				
□ Unknown □	Hawaiian/ Other Pacific Islander	Parity G: P: Pre-Term:	AB: Elective/Spontaneous /				
atino/Hispanic: DYes DNo D	Unknown	Parent's Medicaid #					
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rangler Hospital:	Discharge Date:	PATRICK S II	er Grandition				
		Last Name F	est MI				
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		GUARDIAN/FOSTE	R CARE REFERRALS				
	□ None						
Child's Insurance #: (if known)		Guardian/Foster Parent Last Name I	First Phone Number				
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CHILD'S PRIMARY MED	ICAL/HEALTH CARE PROVIDER	CONTACT II	NFORMATION				
		Child Lives with: Mother Fat	her Guardian Foster Parent				
Name		Child's Address					
Street or Route		Street /Route Apt 0	Complex # / Mobile Hm Park#				
speet of Library							
City State	Ze	City	County Zip				
		Phone #: Emergency Contact #:					
Phone Fax		Caregiver email address:					
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		Refer AOAE AABR Other	Hepatitis B Vaccine: (date)				
Outpatient: Date:	Left: Pass Refer Right: Pass	Refer AOAE AABR Other	HBIG: (date)				
Vewborn Bloodspot Metabolic Scre		Family Refused Screening	The second secon				
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P01.0 - P04.9 Suspected demage to fetus (Adely Poesses, during Pregnancy) P08.00 - P07.18 Disorders nt other preterm infants <2500 Grams (5 lbs. 8 oz.) and > 1500 Grams O09.30 - O09.93 Young Prima-Affals Gavida (Maternal Age <18 years) O09.70 - O09.73 Education Circumstances (Maternal Education <12 Years)		All CAPTA referrals are automati	o referral (Child age birth to 3 years				
		282.21 - 282.29 ☐ Foster Care V07.11 - V07.0, T74.12XA - T ☐ Child Mattreatment Syndrome (Substantisted Case DFCS Referrats (no CAPTA) 282.21 - 282.22, Y07.9 - V07.11 ☐ Foster Care (over age 3) T74.12A T74.32XS ☐ Child Mattreatment Substantisted Case (over age 3) T76.12XA - T76.32XS ☐ Unsubstantisted or aching of uction of substantisted case (over age 3)					
					Fools Fools	F80.X - F89, Z00.70 - Z00.71 Child and notitions Present in the Family	ler age 5 exhibiting physical or developmental dela
				781.8 Psychiatric cond	Socio-Environmental Cor lition (Parental Mental Illness, Depression)		on (Parental Mental Retardation)
				259.0 Lack of Housing			rial Resources (Affecting Care of Child)
				Z63.32 Family disruption due to child in welfare custody		Z52.898/F94.2 Parent-Child Problems (Questionable Mother/Child Attach)	
					fother (<20 Years of age, >3 pregnancies)	Z56.0 Parental Unempi	
	nces (Parental Incarceration)		Physical Stress, (History of Family Violence)				
280.0 - 284.89 🔲 Family History o	f (Specify) (Illness/disability affecting	ng care of child)					
	3 in 1 Year) Requiring Medical Attention Specify	f.					
14.90 / T14.8		The second secon					
T14.90 / T14.8	SIG	NATURES					

- Complete Screening and Referral Form
- Demographic information
- Parent/guardian's contact information
- Information for the person completing the screening and referral form
- Mark ALL identified risk conditions
- Inform guardian of public health referral

How Do I Make a Referral?





Level II Risk Conditions

 At least three (3) Level II risk conditions must be selected to fulfill Children 1st eligibility requirements

Level I Risk Conditions

 Only need one (1) Level I risk condition to fulfill Children 1st eligibility requirements

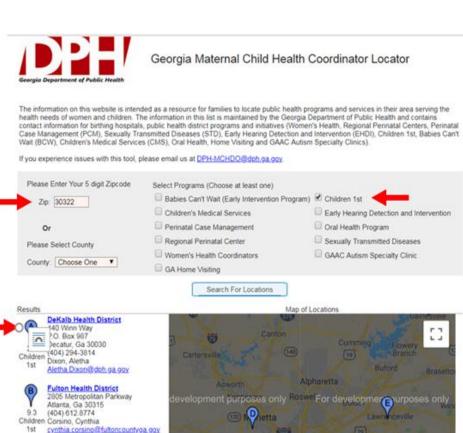
Supporting Documents

- Hospital discharge summary
- Medical records summary
- Developmental screenings

How Do I Make a Referral?



- Complete the Children 1st Screening and Referral Form
- 2. Visit the Maternal and Child Health Coordinator Locator online at https://sendss.state.ga.us/sendss/!mc h.coord_search
- 3. Enter in the child's zip code OR County
- 4. Enter a check mark besides the Children 1st box and select "Search for Locations"
- 5. Submit the Children 1st Screening and Referral form and other supporting documents to the first Children 1st Coordinator listed under results.



Clayton Health District 1117 Battlecreek Rd

Jonesboro, Ga 30236 (678) 610-7199 Pye, Sandra sandra pye@dph.ga.gov

Children 1st: Referrals & Linkages



Linkage/Referrals are based on identified family needs

- Public Health programs and services:
 - Babies Can't Wait
 - Children's Medical Services
 - Early Hearing Detection and Intervention
 - Evidence-based Home Visiting
 - Georgia WIC (Women, Infants, and Children)
- Prevention Based, community services
 - Heath care provider
 - Childcare
 - Parenting classes

For More Information About Maternal & Child Health Programs



Children 1st

https://dph.georgia.gov/children1st

Children's Health Programs

https://dph.georgia.gov/childrens-health

Women & Children Programs

https://dph.georgia.gov/women-and-children



In-Between Births & Pre-Pregnancy



Help Me Grow Georgia



Help Me Grow **Georgia** is an initiative of the Georgia Department of Public Health (DPH). HMHBGA is contracted to provide information, healthcare referrals and follow-up services in support of this initiative.

HELP ME GROW

888-HLP-GROW (888-457-4769)

Operates Monday through Friday 8AM - 5PM

FAQs

Who can call the line?

Anyone in the state of Georgia may call.

Do you have to pay anything? Are services free?

Calling Help Me Grow to be connected to resources is free. Resources provided are available in sliding scale, discount, income-driven rates, or available to Medicaid recipients.

What languages are available?

English and Spanish.

Translation is available in over 170+ languages utilizing the language line.

Help Me Grow Georgia



What Is Help Me Grow?

Help Me Grow **Georgia** is a free, confidential, access point for healthcare referrals and follow-up services to support the well-being of children from birth to young adult, and their families by linking them to essential services within their community.

By actively listening to needs of clients, Help Me Grow **Georgia** liaisons work to help link them to developmental screening, day care, early learning resources, and behavioral health services coordinating with child focused programs within the local community.

Help Me Grow Georgia



Through 888-HLP-GROW families can also be connected to resources that support optimal health such as:

- Developmental Screening
- Day Care and Early Learning Resources
- Dental, Vision, & Medical Care Providers
- Mental Health & Substance Abuse Support
 - Food, Clothing, and Housing Assistance
 - Medication Assistance
- Prenatal Care, WIC / Food Services, Services for Babies and Children, Birth Control, Breastfeeding Support, STD/HIV Testing, Mental Health Services, & More!

Prevent Child Abuse Georgia





Monday to Friday 8 AM to 6 PM 1-800-244-5373

Served 1,226 callers in 2020

Prevent Child Abuse Georgia's 1-800-CHILDREN Helpline is an information and referral line for people who are concerned about the healthy development of children and the prevention of child abuse and neglect.

Why People Call:

- Parenting support
- Counseling and support groups
- Referrals for legal needs
- Grandparent issues
- Child abuse and prevention information
- Concern about well-being of a child or family member
- Family violence concerns
- Community resources for emergency assistance
- Resources for special needs children

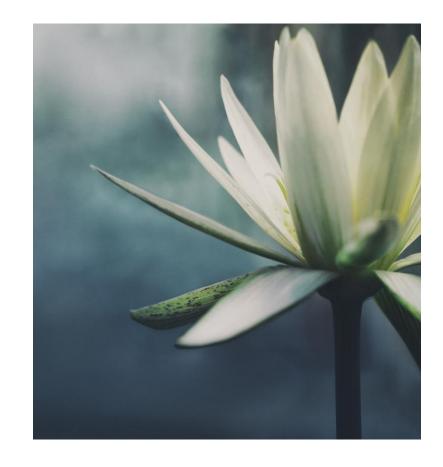
Prevent Child Abuse Georgia is a program of Georgia State University. HMHBGA is contracted to provide information & referral services in support of this program.

Safe Under the Lilies Fund



The purpose of this fund is to provide pregnant/ postpartum survivors of intimate partner violence financial assistance to aid in the support of their transition to a safer situation while also maintaining their autonomy, dignity, and provide financial support for any priority needs they currently are experiencing.

For additional info please contact Kimberly Roberts at kimberly.roberts@hmhbga.org



PEACE4MOMs



Emory University
School of
Medicine
Department of
Psychiatry

Monday to Friday 8 AM – 5 PM 470-977-3223

Call to initiate a consultation or obtain community referrals

Georgia has 3.2% of the nation's population, but only 2.3% of the nation's psychiatrists. Other mental health providers, such as psychologists, counselors and therapists, are also in short supply. Of the state's 159 counties, only eight are believed to possess an adequate number of mental health practitioners. Those eight counties are all within or surrounding Georgia's cities, highlighting the needs of rural communities.

There is also a lack of coverage for mental health services. Medicaid services cover nearly 50% of women during pregnancy and postpartum care yet provide minimal coverage for mental health. As a result of this, it is difficult for women to obtain or afford mental health evaluation and care during this uniquely vulnerable time.

This program aims to:

- Support clinicians caring for birth givers, mothers-to-be and their families
- Educate caregivers about the resources available to patients in their communities
- Provide health professionals with information so they can best treat their patients.
- Train medical professionals to recognize and treat psychiatric illness in their perinatal patients
- Educate physicians in training how to best address the needs of this vulnerable population



What's Potentially Next?





Recap of Services & Programs for families in Georgia:

Perinatal Programs

Children 1st

Help Me Grow GA

All programs, projects, and services are *FREE*.

All classes & groups are available online through picklesandicecreamga.org

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https://dph.georgia.gov/children1st

Through **888-HLP- GROW** families will be connected to resources that support optimal health such as:

- Day Care and Early Learning Resources
- Medical Providers
- Food, Clothing & Housing Assistance
- Georgia WIC Services & More!

Contact



Yaa Agyeiwaa Call Center Manager <u>yaa.agyeiwaa@hmhbga.org</u>

Precious Andrews
Director of Special Projects & Innovation
precious.andrews@hmhbga.org

LaNaarai Wilder Sr. Coordinator – Community Partnerships <u>lanaarai.wilder@hmhbga.org</u>